

Mango and Avocado Salad

Ingredients

- 1 lettuce (your fave variety)
- 1 mango
- 1 avocado
- 1 teaspoon finely grated ginger
- 3 tablespoons olive oil
- Juice of ½ lime
- Salt and pepper

Gives at least 4 servings

Directions

1. Wash and tear lettuce into small pieces. Cube mango and avocado and mix with lettuce.
2. Mix the ginger, olive oil, lime juice, salt and pepper. Pour dressing over salad and toss it gently.
3. Enjoy!