

Fresh Mango Chutney

Ingredients

- 1 mango, pitted and peeled
- 1-inch piece of ginger
- ½ teaspoon black mustard seeds
- 2 pinches cinnamon
- Pinch salt
- 2 teaspoons sugar
- ½ teaspoon lemon juice

Directions

1. Dry roast black mustard seeds until they start popping.
2. Place all ingredients in a blender and blend until just smooth.