

Full Gayatri and Loka Mantra

THE GAYATRI MANTRA

The beautiful rhythmic patterns, soothing ancient sounds and powerful intent make the Gayatri Mantra a magnificent part of your daily practice. The Gayatri Mantra combines the effects of mantric sound with the effects of a deep and profound prayer, or intent, which can be exceedingly potent. The stronger and greater the intent, the stronger and greater the results. Just like the Sun annihilates darkness, so does the Gayatri Mantra destroy ignorance. The Gayatri Mantra invokes the power and radiance of the Sun to energise all earthly life; it can help us to let go of all that no longer empowers or nourishes us. It helps us to realise our Supreme Self.

Om Bhur	Mooladhara	salutations to the earth
Om Bhuvah	Swadhisthana	salutations to the element water
Om Swaha	Manipura	salutations to the element fire
Om Maha	Anahata	salutations to the element air
Om Janaha	Vishuddhi	salutations to the element ether
Om Tapaha	Ajna	salutations to the higher intelligence
Om Satyam	Sahasrara	salutations to Supreme Truth, consciousness

OM TAT SAVITUR VARENYAM Om and salutations to that realm which is beyond human comprehension

BHARGO DEVASYA DHIMAHI In that place where all the celestials of all the spheres have...

DHIYO YONAHA PRACHODAYAT ... received enlightenment, kindly enlighten our intellect

This mantra is considered to be the greatest of all Mantras. Repeat this mantra with devotion and intent and it may help you develop a brilliant intellect, give health to body and mind, and also success, peace, prosperity and spiritual enlightenment. This mantra can bring you liberation on all levels. It is the mother of all mantras.

There are 5 aspects to Gayatri:

Lakshmi (Primordial Abundance)

Saraswati (Divine knowledge)

Bhuh Devi (Earth Goddess)

Parvati (The power of Consciousness)

Kali (The dark Goddess of the Void).